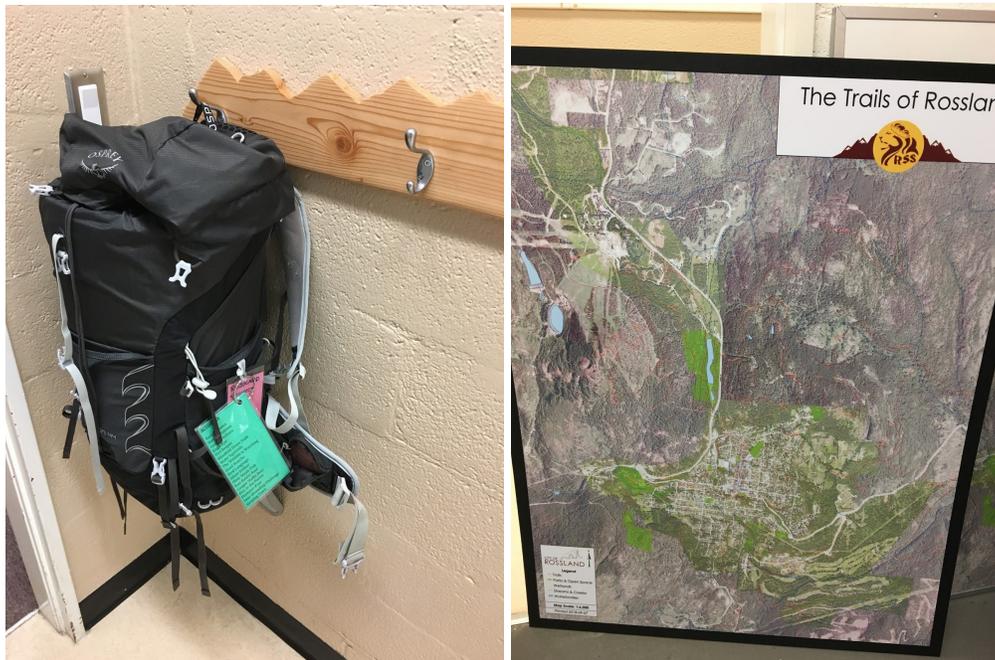


KCEE SD 20 Outdoor “grab and go” packs

Note: the content of these packs is designed to support teachers of all experience levels in an emergency and to “keep a student alive and reasonably comfortable” while a teacher waits for a higher level of care (ambulance, SAR, etc). The pack is designed to shelter a student from the elements (tarp, insulating pad, bivi sack, heat packs, and, if needed, fire making materials). It is not an exhaustive list, and it assumes that teachers will add some additional items depending on the season, location and the activity. For example, it is expected that teachers would add an insulating jacket (or during colder months a sleeping bag) to keep a student warm. We also often carry a bigger group tarp- to cover everyone. The packs are larger so that a teacher can add additional layers for themselves, their lunch, teaching materials, and a set of emergency clothing for students.

The packs are designed so that all outdoor trips have a minimum level of gear with them, and they are packed in a way so that the waterproof “nest egg” is never utilized unless needed. The intention of the packs is that it removes the worry about sourcing materials and packing them from a teacher while at the same time ensuring that critical gear is carried. The pack is one piece of an integrated outdoor learning system, thus, it works best in conjunction with training, risk assessment, and emergency planning.



Pack Contents: (Living list- please send suggestions/questions to Matthias Starzner (mstarzner@sd20.bc.ca)

Item	Example Link	Example Cost
Backpack ~30L, adjustable and to fit a variety of body sizes.	https://www.mec.ca/en/product/5056-253/Talon-33-Backpack	\$185
10 L Dry Bag for “nest egg”	https://www.mec.ca/en/product/5058-269/BlockerLite-Dry-Sack	\$30

8 x 10 Tarp	https://www.mec.ca/en/product/5028-861/Polytarp-8%27-x-10%27	\$6
Cord ~15m	https://www.mec.ca/en/product/5002-690/Poly-Cord-15-Meter	\$3
Insulating Pad	https://www.mec.ca/en/product/0808-097/Evazote-Bivy-Sleeping-Pad	\$23
Fire starting Kit	https://www.mec.ca/en/product/5061-252/All-Weather-Fire-Cubes	12
Bic Lighter		2
Whistle	https://www.mec.ca/en/product/0101-022/Classic-Whistle	4.75
Basic Pocket Knife	https://www.mec.ca/en/product/5044-542/Companion-Camping-Knife-with-Sheath	\$24
Emergency Bivi Sack	https://www.mec.ca/en/product/5038-873/Emergency-Bivvy-XL	23.75
Instant Heat Packs- Big size	https://www.mec.ca/en/product/6000-999/Hand-Warmer-%2810-Pack%29	18.49
First Aid Kit	https://www.mec.ca/en/product/5003-386/Weekender-First-Aid-Kit	46
Misc: <ul style="list-style-type: none"> ● Garbage Bag (2x L) ● Local Trail Map (with names that correspond to the route plan and the master map in the office. ● Laminated Emergency Contact #s and school outdoor emergency plan. ● Package of bandaids in a ziploc for minor cuts ● Additional 1st Aid- Saline solution, feminine hygiene products, toilet paper. ● Laminated cards for activities/routines etc. 		
Total Cost:		\$377.99 + tax

Note: At Rossland Summit School (RSS) we have 3 packs (2 different sizes) and we use a Google Calendar to book them, they are in high rotation. We also teamed up with a local outdoor store (PowderHound) that gave us some amazing deals. Our total cost for each pack was much lower than the price above.